



INDUCTION OF LABOR

You and your physician have chosen to schedule your induction on:

(day/date) _____ (am or pm) (circle)

We at Monument Health Labor & Delivery understand the excitement that this time of life brings, and we want to do everything in our power to make the birth of your child a memorable occasion for your family. We want to provide you a safe and caring environment to welcome your newborn.

We want your experience to be exceptional in every way. Please understand we will do our best to accommodate your induction, but due to unplanned patient arrivals, it may be later than expected. When there is more than one patient waiting for induction, those with medical reasons will take priority over elective inductions.

Because Monument Health is trying to control the spread of the COVID-19 virus, visitation rules are evolving. Please check our website, www.monument.health, or ask your provider for current guidelines. If your support person shows any signs of COVID, a different support person will be needed.

We have a security-controlled unit. You will be given a code during your admission to share with your support person.

You will be scheduled for either a morning or evening induction with consideration to your and your provider's preference and availability of induction slots on your desired day.

The Labor & Delivery Charge Nurse will call you on your scheduled day between 4-7 a.m. for a morning induction, or between 4-7 p.m. for an evening induction. If you don't receive a call during that expected time, please call the Labor and Delivery Charge Nurse at 755-8324 after 7:30 to discuss the status of your induction. At that time the Charge Nurse will let you know whether a room is available.

If a room is available, you and the Charge Nurse will coordinate the time for your arrival. We ask that you come to the main hospital's West Entrance (see the map on the back) to check in. When you arrive, call 755-8324. Labor & Delivery caregivers will meet you and escort you to your birthing room.

If a room is not available, you will maintain contact with the Labor & Delivery Charge Nurse, who will let you know as soon as a room becomes available. In some instances, we might need to reschedule.

Unless otherwise instructed, please make the following preparations:

- Shower and eat a light meal prior to coming.
- Please remove body piercings prior to arrival.
- For your security, we ask that you DO NOT bring your wallet, credit cards, money or other valuables. All that is required is your photo ID card, insurance card, living will, and/or advance directive. Please feel free to have your support person bring a camera for those priceless photos

Please remember that the hospital is a non-smoking campus for yourself and your family/friends.

We at Monument Health look forward to being a part of your special experience!

Labor & Delivery Entrance

